

# Hurstbourne 5



## Multi-Terrain Race



Saturday 14<sup>th</sup> April 2012

Under UK Athletics Rules

Licence No.: Applied For

*The fourth running of this challenging off-road race in the heart of the beautiful North Wessex Downs, starting in the village of Hurstbourne Tarrant and following part of the Test Way through woods and farmland.*

*All proceeds shared between Naomi House and the HBT Community Hall Fund*

**Start:** George V Playing Fields, Church St, Hurstbourne Tarrant, Hampshire, SP11 0AX.

**Time:** 11am. Please assemble at 10:50 for the race briefing.

**Parking:** Ample free off-road parking close to the start (donations welcome though!).  
*Please do not park on the road or in the Parish Car Park, as this could delay access for emergency services.*

**Facilities:** Toilets, First Aid, Refreshments.

**Massages:** Sports injury specialist, Steve Swift on-site to offer advice and massages for a donation to the Community Hall Fund.

**Prizes:** 1<sup>st</sup> three males, 1<sup>st</sup> three females, 1<sup>st</sup> MV40, MV50, MV60, WV35, WV45, WV55, 1<sup>st</sup> Villager (resident of HBT/Ibthorpe). King & Queen of the hill.  
**Memento for all finishers.**

**Restrictions:** Minimum age on race day is 15. Unfortunately, the course is not suitable for wheelchairs, bicycles, pushchairs or prams, owing to the hilly and uneven terrain. The layout of the course also prohibits participation by walkers or runners with dogs. Under UKA rules, headphones are not permitted.

**Fun Run:** 2K fun run starts at 11.05am. Free to enter, but donations welcome.

**Entries:** **By post** - to 'Hurstbourne 5', The Old Saddlery, Church Street, Hurstbourne Tarrant, Hants, SP11 0AX (Closing date 2<sup>nd</sup> April). **Please include 9x4" SAE.**

**On the day** – entries welcome until 30 minutes before the start.

**Online** – <http://www.runnersworld.co.uk/events/>

**Race Limit:** 200 competitors

**Results:** Will be posted on the race website: <http://www.hbt.org.uk/Hbt5Race.htm>

**Thank you to our sponsors:** Alton Sports

<http://www.facebook.com/pages/Hurstbourne-5/148844425225782>

Hurstbourne Entry Form 2012 R3.docx3

PTO

**"5 Miles – How hard can that be?"  
Here's what previous entrants had to say:**

**I SURVIVED!!!!**

*Brilliant organisation, great cakes and bacon butties at the end. Lovely village atmosphere. Well done, see you next year.*

**Absolutely loved it.**

"wonderful location ..... taking in part of the test way and finally a lovely cup of tea and the best post race cakes ever!"

**watch out for the mountainous hills!**

*Well done to the organisers for a great new event.*

It was my first race for over 15 years, and really has me sparked up

just guessed there would be a sting with the second climb! Very friendly and great bacon butties.

**Like a mini Terminator**

That's the hardest first 2 miles I've ever run!!!

*Marshalls were really encouraging - thanks to all of them (especially the guy at the bottom of 'the' hill who may have learned a few new words) and there was a great atmosphere at the finish. Nice tee-shirt and the bacon rolls and home-made cakes at the end rounded off a great morning. I'll be back .....*

watching buzzards soaring just above your head was terrific.

**This is a hard race, very challenging but very rewarding, the marshalls were fantastic, the facilities great, tea, coffees, cakes and bacon roll all available, fantastic race all round, PLEASE PLEASE run it again next year**

**Course Records: Men - Tom Bowlby Pearson 30:35; Women – Kate Towerton 34:23**

Please keep this portion of the entry form for your own records



**Hurstbourne 5 Multi-terrain Race**

Surname ..... First Name .....

Address .....

Postcode..... Phone number .....

Date of Birth.....Age on Race day.....E-Mail Address.....

Male / Female (Please delete where appropriate)

Member of UKA affiliated club: Yes / No\*      Name of club.....

Where did you hear about the race?.....

<p><b>Race Number</b></p>    <p>For official Use</p>
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Entry Fee: £9 affiliated, £11 non-affiliated, £2 extra on the day.

**Please make cheques payable to Hurstbourne Tarrant Development Trust**

I agree to abide by UKA rules, and declare that I am an amateur competitor and will compete on foot, at my own risk and will not run on the day unless fit to do so. Also I will not hold the Hurstbourne Tarrant Development Trust or its' representatives responsible for any loss, damage, action, claim, injury or illness that may arise as a result of my participation.

No refunds or deferred entries will be allowed in the event of withdrawal or cancellation due to unforeseen circumstances.

Signed ..... Date .....